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Discussing ideas for improving our neighbourhood at the FARA annual meeting

New year, new ideas, new committee

Welcome to our Spring newsletter, and thank you if you have recently joined FARA, or renewed your membership, for 2011.

Our annual meeting on 17 February was held for the first time in Davies Lane School (we'd like to thank the school for use of this excellent venue).

We heard an interesting presentation from Laura Lawson of the City of London, on plans to improve Wanstead Park and 'our' bit of Wanstead Flats. As well as conservation of the ecology and history, they are putting a high priority on improving access and reducing litter and dog mess. More info online at www.cityoflondon.gov.uk/wansteadparkproject.

We then got into groups to discuss how best to improve the local area and bring the community together. Residents said they should be getting to know their neighbours and ensuring front gardens are kept tidy. It was suggested that FARA should do more for, and with, elderly people so if anyone has ideas on how we could do that, get in touch!

We elected a new committee, see back page for details. Thanks are due to all the 'retiring' committee members for their dedication and creativity. Finally, we adopted a new constitution that, among other things, allows us to hold our annual meeting a bit later in the year, to avoid freezing weather!

FARA would like to thank the shops at Leyton Mills (Asda, Currys, B&Q, Next, Pizza Hut and KFC) who kindly donated prizes for our Christmas Party.

Upcoming events

Spring Clean on Sunday 27 March from 11am–1pm. Join your friends and neighbours to help make our area of Leytonstone look a bit nicer. We provide the equipment, everyone is welcome!

See 'What's On' inside for more info on this and other local events.

Since the last newsletter, FARA has done the following...

- Organised a community carol singing evening on 22 December
- Taken action on planning issues regarding the Chillout Lounge on Leytonstone High Road
- Held two planning meetings for the Photo Competition 2011 (see below).
- Participated in a residents' design panel with CBHA to discuss their plans for the former Lincoln's pub. (We are hoping to arrange a public meeting with CBHA to which all our members will be invited.)
- Nominated individuals in our area for the "Love Your Borough awards". Our nominees included Danny Patel (who runs the paper shop) for helping his neighbours, and of course FARA ourselves for Best Residents' Association!

Volunteers Wanted!

FARA is looking for one or two people...

- To be on our **events subcommittee** and help organise activities such as our Christmas party. If you're an outgoing creative type this one's for you!
- To co-ordinate our **members' discount scheme**, liaising with local businesses and following up ideas for new offers.
- To be our **Raffle Prize co-ordinator**, securing donations from businesses and individuals to help make our events even more fun!

Could any of these be YOU? Contact our Chair Flash Bristow for more information, email flash@fara-leytonstone.org.uk

Crime and Neighbourhood Watch

During December 2010 – February 2011 the following crimes were recorded in our area:

- Burglary (Davies Lane School)
- Theft from vehicle (Davies Lane, Ferndale Road)
- Damage to vehicle (Ferndale Road)
- Drugs arrests (Ferndale Road)
- Assault (Davies Lane)

There were no reported crimes in Malvern Road or our part of Montague Road.

Police priorities, set by residents at quarterly Ward Panel meetings, are currently as follows:

LEYTONSTONE (Davies Lane even numbers):

Alcohol-related anti-social behaviour * Burglary Anti-social behaviour by motorists

CANN HALL (covers the rest of FARA area):

Anti-social behaviour by groups of youths Burglary * Motor vehicle crime

If you disagree with these priorities – let FARA know!

If you see a crime in progress, or in an emergency, you should call 999. Otherwise contact your local Safer Neighbourhood team:

Cann Hall: 020 8721 2036

Leytonstone: 020 8721 2874

Photo Competition

Planning is under way for the 2011 photo contest and public exhibition. This year we're sharing the organisation with Bushwood Area Residents Association to make it a truly Leytonstone-wide event. The overall theme continues to be 'Leytonstone Life'. The three topics for 2011 will be:

- Active
- Green
- Old & New

We hope people will find the new topics challenging and fun, with plenty of scope for interpretation.

The main publicity drive will start next month but FARA members (and their children for the Junior prize!) may like to have a head start. We encourage everyone to have a go – winners are selected by public vote and you don't have to be a professional photographer to enter!



Parkrun helpers wanted

The City of London wants to organise a weekly 5k parkrun on Wanstead Flats, at 9am every Saturday. It will be free for local residents and will depend on a core team of volunteers. If you are reliable, well organised and would like to work with the public, contact Sinem Cakir for info (email sinem.cakir@cityoflondon.gov.uk, tel 07748 335 567). See how existing parkruns work at www.parkrun.com.

What's On

MARCH

FARA Committee Meeting 7.30 to 9pm on Tuesday 22 March at Leytonstone Social Club. FARA members are welcome to attend as guests but please inform us in advance.

www.fara-leytonstone.org.uk

Spring Clean on Sunday 27 March, 11am–1pm, meet at the end of Ferndale Road where it joins Wanstead Flats. Join us for a tidy-up tour of the FARA area including all five streets, 'our' bit of the High Road and the edge of Wanstead Flats. We will clean up litter and graffiti and report any flytips or dirty front gardens etc to the Council. Equipment provided but you may like to bring your own gloves. We look forward to seeing you there!

Leytonstone Festival meeting on 22 March at 7pm at the Epicentre. An open meeting to swap ideas – all welcome.

www.leytonstonefestival.org.uk

Ward Forum meeting (Cann Hall and Cathall wards) on 29 March at 7.30pm at the Epicentre.

APRIL

Leytonstone Pop-up Cinema on Wednesday 6 April, 7.30pm at Leytonstone Library. Screening of 'Ivul' (in French with subtitles).

Wanstead Flats 5k Run on Monday 25 April (Easter Monday). Races for adults and children starting at the changing pavilion in Harrow Road, plus family fun. More info and book online at www.cityoflondon.gov.uk (look at Epping Forest events).

MAY

Leyton & Leytonstone Historical Society AGM on Wednesday 11 May, 7.45 pm, at St John's Church. After the AGM there will be a talk on Historic English Towns and Cities: East Anglia – including Stamford, Huntingdon, King's Lynn, Norwich, Bury St. Edmunds and Lavenham.

Money Off For FARA Members!



Shop locally to get some great savings and support businesses in our area. We have negotiated discounts with the following local businesses:

- **Artistry Loyal**, 9 Church Lane.....5% off wash/cut/blowdry
 - **Ayesha's**, Hair & Beauty Salon, 767 High Road 15% off laser treatment; eyebrow & lip treatment £4.50; full facial £30
 - **Babysitting by qualified career nanny**, CRB, 1st aid, great referees, contact Nicola – nextoutrage@yahoo.co.uk, 07944 897483£8 / hour
 - **Barbara Lond**, Professional coaching psychologist who will help you understand yourself - email occpsych2002@aol.com 10% off
 - **Being Sound**, 698 High Road 10% off
 - **Computer Guru**, PC specialist with over 18 years experience. Contact Roger - 020 8530 5656 roger@gann.com..... 10% off first hour
 - **DC Interiors**, Flooring, 725 High Road 10% off
 - **Elche Restaurant**, 567 High Road 10% off lunch or dinner Mon-Thurs
 - **GNR Motors**, Rear of 1 Lister Road 15% off
 - **Golden Orient**, 639 High Road 10% off food (eat in) Mon-Thurs
 - **K Rayner Butchers**, 32 Church Lane 10% off over £20
 - **Krypto Security**, 560 High Rd 10% off in the shop and 10% off call out charge for locksmithing
 - **Leytonstone Pop-up Cinema**..... £1 off normal prices
 - **Luna Lounge**, 7 Church Lane 10% off food over £10
 - **Meze Patisserie**, 3 Church Lane 10% off over £10
 - **Mudra**, 715 High Road 10% off over £10 Sunday-Wednesday
 - **OG Group**, 163 Wood Street 10% off t-shirt printing 50% off fashion training courses
 - **Petch Sayam Thai Restaurant**, 682 High Road 10% off
 - **Primrose Florist**, 741 High Road 10% off
 - **San Marino Coffee**, 668 High Road 10% off over £10
 - **Seebo's Restaurant**, 761-763 High Road 10% off
 - **Simon Owen**, 07973 523237, simonyoga@btinternet.com 10% off yoga when booking a term; £5 off Alexander Technique for 5 sessions
 - **Sunrise Dry Cleaners**, 781 High Road 10% off all services
 - **T & S Halal Meat**, 765 High Road5% off meat and poultry over £25
 - **The Eatery**, 7 Church Lane 10% off food over £10
 - **Touareg Grill**, 550 High Road 10% off over £10
 - **UK Appliances**, 757 High Road 10% off
 - **Woodhouse Players** Free programme & drink at any performance
 - **Zain Cards & Gifts**, 48 Church Lane 10% off
- You **must** show your membership card in order to get the discount. **Check our website for full details and latest offers: www.fara-leytonstone.org.uk/discounts**

We welcome feedback on the discount scheme, please let us know how it's working for you – contact details are on the back page.



What's new on the website?

- Review of our activities and events in 2010
- Our new constitution
- Reviews of local traders including a new review of a window cleaning service, and much more.

Our main website address is: **www.fara-leytonstone.org.uk** – come and take a look! If you'd like to contribute to the site - maybe to tell us about a local event, or write a short review - please get in touch with Liz Dawson (liz@fara-leytonstone.org.uk).

Join our email list - the best way to hear about the latest news & offers for members. Simply send an email to info@fara-leytonstone.org.uk with a request to sign up for FARA emails. You will hear from us about once or twice a month, and if you want to be taken off the list at any time you simply have to tell us.

FARA Committee 2011

- **Chair:**
Flash Bristow (1 Davies Lane)
- **Minutes Secretary:**
Mike Bristow (1 Davies Lane)
- **Treasurer & Membership Secretary:**
Vicky Allen (75 Malvern Road)
- **Communications Officer:**
Liz Dawson (40 Ferndale Road)
- **Planning Officer:**
Kathy Downes (5a Ferndale Road)
- **Honorary Chair:**
Jane Sterland (12 Davies Lane)

You can email any of the committee, using the format theirfirstname@fara-leytonstone.org.uk

FARA Street Co-ordinators

Street co-ordinators are committee members who should be your first port of call if there are any issues you wish to raise. Also, please let them know if anyone moves into your street - so we can send them a welcome letter!

- **Cotton Close** – Wendy Reilly – at number 5
- **Davies Lane** – Simon & Amanda Barker – at number 66
- **Ferndale Road** – Joyce Bussey – at number 1
- **Ferndale Road (additional rep)** – Brian Madican – at number 3
- **Malvern Road** – June Nicholson – at 53 Ferndale Road
- **Montague Road** – Nicholas Russell & Georgina Farrer – at number 129

What is affecting you? Is there a local issue you'd like FARA to get involved with? Let us know.

Name..... Member number
(if known):

Address.....

I would like FARA to know about.....

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I would like a reply: Yes / No

Please pop this slip through the door at 1 Davies Lane